

Tango contact

Workshop given by **Guadalupe & Irina***

Program: 4 Sessions

2 days / 2 classes per day / Break and shared time between classes

Each meeting is focused on the specific study of languages and the dialogue between both practices. From a somatic approach we develop 4 sessions that invite us to gradually develop technical elements that bring us closer to detail and precision, as well as the expression of sensitivity and simplicity in listening.

Day 1	Day 2
Expansion embrace	Support and reciprocity/ Put down roots
<p>Basic elements of Tango and Contact Improvisation to find grounding and reciprocity in the actions of walking, rolling, turning, and any other tool that allows us to remain connected through the embrace.</p> <p>Keywords: Perception, permeability, synchronicity, accompaniment.</p>	<p>Grounding and listening exercises to gradually awaken the different layers within our own body and the other's. A journey from skin to bone where we will discover how to receive with clarity and surrender with confidence, using the force of our own weight to create fluid and elastic dynamics.</p> <p>Keywords: Weight, support, structure, connection, presence, anchorage</p>
Break	Break
Mutual following	From the embrace to fly
<p>Transcending the binary format of roles, we will go in search of questions and dynamics that immerse us in a state of permeability where we inhabit a continuous movement that opens us to renewed ways of adapting and flowing both in the solo and within the duo, and the groupness.</p> <p>Keywords: Fluidity, permeability, volume, continuity, flow, endless</p>	<p>From the connection with gravity and the sense of weight we unfold towards the exploration of lightness, the possibility of flight and deployment of the imagination to channel both languages and become new forms. The structure is organized to invoke the deployment</p> <p>Keywords: Lightness, projection, imagination, subtlety, floating, suspending</p>

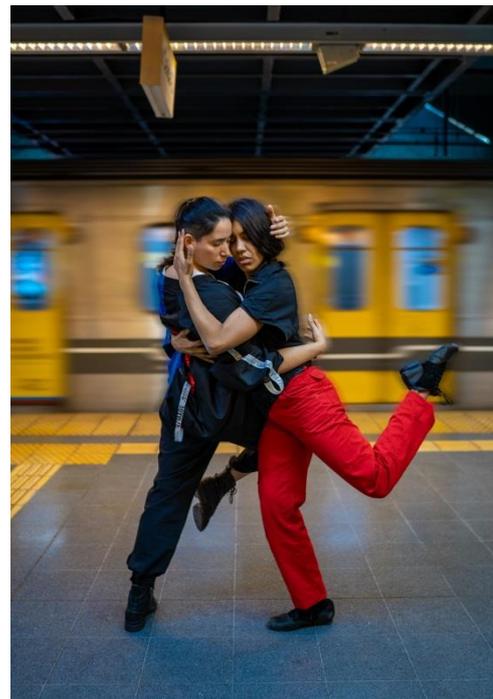


***Guadalupe and Irina** have been working together since 2018, intertwining their artistic languages to create different ways of performing Tango, generating a new artistic and pedagogical code.

They have participated in the Electrotango Buenos Aires Festival in all its editions and in the Contactango Encounters in Mar del Plata. They organized the first TangoContact Buenos Aires Festival, co-organize mUTANte Anfibia and mUTANTE, one of Buenos Aires' alternative and diverse milongas since 2018.

They have danced with Moon Riders, Tangorra, Tanghetto, Sami Abadi, and Mariano Godoy. They have traveled to Turkey, Austria, Spain, and Germany, as well as throughout Argentina.

They will do their next tour during the months of May and April through Austria, Germany, Switzerland and Spain.



Useful information :

Information and inscriptions by email at info@contactimprogeneve.ch or by phone +41 79 478 95 84 (Wassim)

Schedule :

- Saturday 2nd of May: from 10am to 5pm (with an hour lunch break)
- Sunday 3rd of May: from 10am to 5pm (with an hour lunch break)

Place :

Le Grütli : Rue du Général-Dufour 16, 1204 Genève – Studio Lapzeson 2nd floor
<https://goo.gl/maps/4i1QZAnDAs5q1KXeA>

Price:

- *early bird* until the 1st of April : CHF 150.-
Amount to be paid fully before the 1st of April to confirm your inscription
- **Standard price** : CHF 180.-
Deposit payment of CHF 50.- to confirm your inscription (non-refundable)

Account details :

Thank you for specifying « Guadalupe&Irina Workshop » in the object of the payment

Recipient of the account:

**Ass. de Danse Contact Improvisation Genève
c/o Wassim Fattouh
Rue Tronchin 30
1202 Genève**

BIC:

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IBAN:

CH82 0900 0000 1070 3002 2

TWINT : +41794789584